

**CERTIFICATE IN SECURITY AND
INTELLIGENCE (CSI)**

Term-End Examination

December, 2011

**BAVL-003 : SECURITY AND INTELLIGENCE
PRACTICAL**

Time : 3 hours

Maximum Marks : 100

Note : All test is mandatory.

PARADE TEST

- | | | |
|----|-----------------------------|----|
| 1. | Turn out of the participant | 10 |
| 2. | Fall out | 10 |
| 3. | Salute / marching | 10 |
| 4. | Word of command | 10 |
| 5. | Squad control | 10 |
| 6. | Reporting | 10 |

PARADE TEST

Sl. No.	Name	Term Out	Fall Out	Salute Marching	Word of Command	Squad Control	Reporting
01							
02							
03							
04							
05							
06							
07							
08							
09							

PHYSICAL EFFICIENCY TEST

1. One mile RUN. 10
 - (a) 5 mins. 40 sec-Excellent.
 - (b) 5.41 to 6 mins.-Good.
 - (c) 6 mins. to 6.20 sec-Satisfactory.
 - (d) 6.21 to 6.40 sec-Poor.
 - (e) 6.41 to more-Unsatisfactory.

2. Standing Broad Jump. 5
 - (a) 8' 4" or more - Excellent
 - (b) 7' 8" to 8' 3" - Good
 - (c) 7' to 7' 7" - Satisfactory
 - (d) 6' 4" to 6' 11" - Poor
 - (e) 6' 3" or Less - Unsatisfactory.

3. Jump and Reach. 5
- (a) 21" or more - Excellent
 - (b) 19" to 20" - Good
 - (c) 17" to 18" - Satisfactory
 - (d) 15" to 16" - Poor
 - (e) 14" or Less - Unsatisfactory.
4. Sit ups 5
- (a) 30 or more - Excellent.
 - (b) 25 to 29 - Good.
 - (c) 20 to 24 - Satisfactory.
 - (d) 15 to 19 - Poor.
 - (e) 00 to 14 - Unsatisfactory.
5. Chin up. 5
- (a) 16 or more - Excellent.
 - (b) 12 to 15 - Good.
 - (c) 08 to 11 - Satisfactory.
 - (d) 04 to 07 - Poor.
 - (e) 00 to 03 - Unsatisfactory.
6. Push up. 5
- (a) 25 or more - Excellent.
 - (b) 23 - 24 - Good.
 - (c) 22 - 21 - Satisfactory.
 - (d) 19 - 20 - Poor.
 - (e) Below 18 - Unsatisfactory.

7. 300 mtr shuttle.

- (a) 43 sec or less - Excellent.
- (b) 44 - 47 sec - Good.
- (c) 48 - 51 sec - Satisfactory.
- (d) 52 - 56 sec - Poor.
- (e) 57 or more - Unsatisfactory.

Sl. No.	Name	01 mile RUN	Standing Broad Jump	Jump and Reach	Sit ups	Chin up	Push up	300 mtr shuttle
01								
02								
03								
04								
05								
06								
07								
08								