

Total No. of Pages :

Register Number :

7903

Name of the Candidate :

DIPLOMA IN FOOD AND NUTRITION EXAMINATION DECEMBER 2013.**130 — NUTRITION AND DISEASES (IN)**

Time : Three hours

Maximum : 100 marks

Answer any FIVE questions.**All questions carry equal marks.**

1. Give the importance of microorganisms in food microbiology. Explain in detail about contamination of foods. (20)
2. Discuss in detail about the following :
 - (a) Chemical changes caused by microorganisms. (10)
 - (b) Food borne infections and intoxications. (10)
3. What are liquid diets and soft diets? Explain the diet during deficiency diseases. (20)
4. Write short notes on :
 - (a) importance of herbal medicine. (10)
 - (b) food and traditional medicine. (10)
5. Describe the causes and effects for the Gastro intestinal disturbances. (20)
6. Give an detailed note on diseases of the cardiovascular system. (20)
7. Write brief notes on :
 - (a) Diet during nervous disturbances. (10)
 - (b) Nutrition in allergies. (10)
8. Explain the uses of nutrition information on a food label. Enlist the food standards and regulation. (20)