

Total No. of Pages :

Register Number :

7902

Name of the Candidate :

DIPLOMA IN FOOD AND NUTRITION EXAMINATION DECEMBER 2013.**120 — HEALTH AND NUTRITION**

Time : Three hours

Maximum : 100 marks

Answer any FIVE questions.**All questions carry equal marks.****(5 × 20 = 100)**

1. Write short notes on (a) Lipids (b) Energy metabolism. (10 + 10)
 2. Discuss the role and importance of food for good health.
 3. Discuss the nutritional values of milk and milk products in detail.
 4. Explain various methods of food preservation in detail.
 5. Write short notes on (a) Processed foods (b) Food adulteration. (10 + 10)
 6. Explain various nutritional recommendation in pregnancy.
 7. Write short notes on (a) Balanced diets (b) Nutrition during old age. (10 + 10)
 8. Discuss the various methods of management of malnutrition in children.
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