

DECEMBER 2014

P/ID 28458/PPYH

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Time : Three hours

Maximum : 100 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

Each answer should not exceed 50 words.

Define the following :

1. Perception.
2. Feedback.
3. Conflicts.
4. Body language.
5. Sexuality.
6. Skill.
7. Aptitude.
8. Study habit.
9. Testing.
10. Termination.

PART B — (5 × 6 = 30 marks)

Answer ALL questions.

Each answer should not exceed 250 words.

11. (a) Write a brief explanation on programmed learning.

Or

- (b) Discuss the importance of Aptitude Inventories in vocational guidance.

12. (a) Sexuality is an important area to be focussed in adolescent counselling. Substantiate your answer.

Or

- (b) Interpersonal communication is an essential part of counselling. Why?

13. (a) What is the role of emotion in Interpersonal Communication?

Or

- (b) What are Interpersonal expectations? How do you benefit out of Interpersonal expectation.

14. (a) Give a brief account of Listening Skills.

Or

- (b) What is the importance of family counselling?

15. (a) Non-verbal communication is more important than verbal communication in making communication effective. Why?

Or

- (b) Discuss effective methods to manage conflicts in Interpersonal relationships.

PART C — (5 × 10 = 50 marks)

Answer ALL questions.

Each answer should not exceed 500 words.

16. (a) Briefly explain various approaches in counselling bringing out the merits and demerits of each approach.

Or

- (b) Discuss the role of psychological testing in counselling.

17. (a) What is meant by group counselling? What are the advantages of group counselling over individual counselling?

Or

- (b) Elaborate the ethical principles involved in counselling.

18. (a) Discuss the factors to be taken care of in maintaining interpersonal relationships.

Or

- (b) What is Interpersonal effectiveness? How do you maintain interpersonal effectiveness?

19. (a) Explain in detail the qualities of an effective counsellor.

Or

- (b) What will you tell a group of adolescents about substance abuse?

20. (a) Discuss various factors in the preparation of examinations.

Or

- (b) Discuss the steps involved in study skills training. What are the advantages of study skills training?
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