

DECEMBER 2014

P/ID 28706/PCYF

Time : Three hours

Maximum : 100 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

Each answer should not exceed 50 words.

1. Define group counselling.
2. What is referral?
3. What is psychoanalysis?
4. What is assertive training?
5. Define counter transference.
6. Define rationalization.
7. Define psycho education.
8. Define career guidance.
9. What is reinforcement?
10. What is confidentiality?

PART B — (5 × 6 = 30 marks)

Answer ALL questions.

Each answer should not exceed 250 words.

11. (a) Briefly discuss about the significance of counselling.

Or

- (b) Discuss the goals of psychoanalytic model.

12. (a) What are the treatment risks in counselling?

Or

- (b) Briefly discuss the ethical issues of counselling.

13. (a) Illustrate flooding method.

Or

- (b) Examine the termination and referral in counselling.

14. (a) Outline the relaxation techniques.

Or

- (b) Discuss about the distinctive features of multi-modal therapy.

15. (a) Discuss about Wolpe's reciprocal inhibition.

Or

- (b) Briefly discuss about the applications of counselling in various areas.

PART C — (5 × 10 = 50 marks)

Answer ALL questions.

Each answer should not exceed 500 words.

16. (a) Examine the influencing skills that are required for counselling.

Or

- (b) How to organize the group guidance activities?

17. (a) Examine the elements of group counselling process.

Or

- (b) Explain the goals of counselling.

18. (a) Explain the major functions of elementary school counsellors.

Or

- (b) Explain some types of standardized tests used in counselling.

19. (a) Examine operant conditioning in counselling.

Or

(b) Explain the guidelines for client analysis through observation.

20. (a) Explain the principles of evaluation in counselling.

Or

(b) Discuss about the future directions for the counselling profession.
