

MAY 2015

P/ID 28706/PCYF

Time : Three hours

Maximum : 100 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions each in 50 words.

1. Define Counselling.
2. Define group guidance.
3. What does transactional analysis mean?
4. What does systematic desensitization mean?
5. Aversive method and its significance.
6. What does termination mean?
7. Define regression.
8. Define interview method.
9. What are the key life skills?
10. What is logotherapy?

PART B — (5 × 6 = 30 marks)

Answer ALL questions each in 250 words.

11. (a) Briefly discuss about the goals of counsellor.

Or

- (b) Discuss the goals of rational emotive behaviour therapy.

12. (a) What are the instruments of observation? Explain.

Or

- (b) What are the administrative risks in counselling? Explain.

13. (a) What are the reinforcement schedules? Explain with examples.

Or

- (b) Briefly discuss about the significance of counselling and its outcomes.

14. (a) What is concluding comment in counselling process? Explain.

Or

- (b) Illustrate about flooding method.

15. (a) Discuss about the distinctive features of multi-modal therapy.

Or

- (b) Discuss about psychoanalytic approach.

PART C — (5 × 10 = 50 marks)

Answer ALL questions each in 500 words.

16. (a) Elaborate the stages of counselling.

Or

- (b) Examine classical conditioning in counselling process with suitable example.

17. (a) Explain the principles of evaluation in counselling.

Or

- (b) Explain some types of standardized tests used in counselling.

18. (a) Discuss about the future directions for the counselling profession.

Or

- (b) How to organize the group guidance activities?

19. (a) Explain national employment counselling competencies.

Or

- (b) Explain the values of group counselling.

20. (a) Explain the major functions of elementary school counsellors.

Or

- (b) Describe about the techniques for career planning and decision making.
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