

MAY 2012

P/ID 369/PGI

Time : Three hours

Maximum : 100 marks

SECTION A — (5 × 8 = 40 marks)

Answer any FIVE questions.

All questions carry equal marks.

Each answer should not exceed 300 words.

1. State the principles of Guidance.
2. Mention the varieties of problematic behaviour.
3. Explain the three fold function of Guidance and counselling.
4. Discuss the major categories of relaxation method.
5. List the merits of Systematic desensitization.
6. Briefly state the response categories involved in assertive behaviour.
7. Mention the categories of Cognitive behaviour therapy.
8. State the essential points in effective educational guidance.

SECTION B — (3 × 20 = 60 marks)

Answer any THREE questions.

All questions carry equal marks.

Each answer should not exceed 1,200 words.

9. Discuss the factors to be considered during the assessment.
10. Explain the procedures which would increase the client's involvement.
11. Narrate the eight stages of Yoga.
12. Describe the uses of Social skill training.
13. Discuss about few specific operant conditioning procedures.