

DECEMBER 2014

P/ID 369/PGI

Time : Three hours

Maximum : 100 marks

SECTION A — (5 × 8 = 40 marks)

Answer any FIVE questions.

Each answer should not exceed 300 words.

1. Explain the assessment techniques used in Counselling?
2. What are the popular misconceptions about Behavioural Counselling?
3. Define Yoga Nidra. Explain its features.
4. What are the limitations of Systematic Desensitization?
5. Define Priming with suitable examples.
6. What are uses of Social Skill Training?
7. Describe Autogenic Relaxation Training.
8. What is Token economy? Explain.

SECTION B — (3 × 20 = 60 marks)

Answer any THREE questions.

Each answer should not exceed 1200 words

9. Write an Essay on Operant Conditioning Techniques.
 10. What is Assertion Training? Explain the training procedure.
 11. Explain the stages of Yoga in detail.
 12. Write an essay on Rational Emotive Behavioural Therapy.
 13. What is the role of Guidance in Education?
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