

MAY 2012

**P/ID 77572/PMBH4**

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Time : Three hours

Maximum : 100 marks

PART A — (5 × 6 = 30 marks)

Answer any FIVE questions out of Eight.

1. Describe the characteristics and qualities of a counselors.
2. Explain the benefits of counselling before and after surgery.
3. Write short note on “Dynamic self-understanding”.
4. How do attitude, values and beliefs play a role in counselling?
5. Explain the connectivity of self-esteem and openness to others in counseling.
6. How a counselor can insists on realistic aspirations for counselling?
7. Explain the role of counselor in counselling the medical patients.
8. “Counselling and guidance are different” – Agree (or) dis agree – Support your views.

PART B — (5 × 10 = 50 marks)

Answer any FIVE questions out of Eight questions.

9. Explain the process of counselling with its merits and demerits.
10. Discuss the types of counselling centres and its activities.
11. Explain the Egan model of counselling stages.
12. Discuss the methods of realizing self actualization.
13. “Counsellors for HIV/AIDS play a crucial role” – Discuss.
14. Explain the method of counselling process involved in prevention of suicide.
15. Discuss the types of physical and mental counselling practices.
16. Discuss the role of information technology in counselling.

PART C — (1 × 20 = 20 marks)

Compulsory

17. Develop a counselling plan for a college students involved in drug addiction.